

## Minor Emergencies & Creating a Homeopathy First Aid Kit

Lisa Melling, DVM, CVH, a presenter at the recent 2019 American Holistic Veterinary Conference, has put together a list of homeopathic remedies for some of the most common issues she sees. The following remedies are great to have on hand in your own "first aid kit" for

minor everyday emergencies. Based on many homeopathic physicians and veterinarian's advice, frequency and dose will depend on the severity of the situation - more frequently for those in distress, less frequently when showing improvement.

- ✿ **Arnica montana** – Injuries, shock, bruising, pain, and both physical and mental trauma. It's helpful to dogs being transported to a new home.
- ✿ **Apis** – Use Apis for allergic reactions to bee or wasp stings, vaccines or other reactions that cause swelling, heat, redness, or shine. If the reaction is life threatening, dose every 2-3 seconds.
- ✿ **Arsenicum album** – Homeopaths Wonder Drug! Treats vomiting with diarrhea, bloody diarrhea with increased thirst, restlessness, acute pain, pain associated with cancer, and Parvo. Also useful for dogs that eat something rotten – such as those who get into the garbage or compost pile.
- ✿ **Belladonna** – Treats heat stroke or seizures.
- ✿ **Calendula officinalis** – Wound healing by promoting healthy granulation tissue. Use for penetrating wounds to joints, corneal abrasions, and prevents or heals infection and pus formation.
- ✿ **Cantheris** – For burns of any kind. Severe blistering burns, severe poison ivy, bad sunburns, excessive pain with an absolute need for ice, or horrible bladder infections involving scalding urination and itching.
- ✿ **Carbo Veg** - Gas, bloat, or for dogs that collapse and are turning blue
- ✿ **Hepar sulphuris calcareum** – Abscesses and wounds on the skin that are exceedingly painful to touch, causing the patient to react aggressively. The wound discharge is purulent and may be yellow in color.
- ✿ **Hypericum perforatum** – Great for the Dachshund that sprains his back or neck after jumping off the sofa, any nerve pain, pain following dental extractions, torn nails, puncture wounds or for the tail or foot that gets closed in a door.
- ✿ **Ledum palustre** – Highly indicated for puncture wounds produced by sharp points or bites; it also helps prevent tetanus.
- ✿ **Nux vomica** – Vomiting, gastric reflux, constipation or diarrhea, with irritable or withdrawn behavior; the patient is better after vomiting if the cause is a bad reaction to antibiotics. Overall Good for GI Tract - It Fixes What Needs to Be Fixed.
- ✿ **Phosphorus** – Can be used anytime where there is bleeding, such as nose bleeds, bleeding after a tooth extraction, or suffering gastroenteritis, where food or water is vomited soon after ingestion. Look for black coffee ground appearance in the vomit or blood in stools. Also known to cure dogs of thunder phobia!
- ✿ **Rhus toxicodendron** – Excellent for swollen, stiff joints after sprains or strains, and aggravations of arthritis. Motion improves the lameness symptoms; the patient often limbers up after walking around.
- ✿ **Ruta graveolens** – Injured tendons, ligaments, joints, or bones. A good choice if no improvement is seen with Rhus tox following sprains or strains.

### Disclaimer

*This information is designed for educational purposes only. Please consult a physician or veterinarian with any questions or concerns you may have regarding your pet's health condition. We recommend that you seek information and counsel from as wide variety of sources as possible, and in the end, you make the decision. Ultimately, you are responsible for your pet's health. If you have any questions about any of the supplements in our store, you may ask an associate of Bark Avenue or email us at [Tammy@barkavenuemarket.com](mailto:Tammy@barkavenuemarket.com).*



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